



PIRKA
postoperative
healing shoes

- Treatment of neuropathic and ischemic wounds removing pressure
- Diabetic wounds ■ Post-treatment of surgical operations
- Treatment of wounds ■ Plaster shoe

CE-approved, developed in co-operation with Finnish experts.
PIRKA healing footwear since 1996.

Product no. S 210 ■ basic model with a flat sole

- Suitable for all kinds of pressure removing treatment.
- Suitable for elderly people and those suffering from disturbances of equilibrium.
- Easy to walk on.



Product no. S 211 ■ pressure removed from the back

- For treatment removing pressure from heel area ulcers.
- Available also with an open heel.



Product no. S 212/S213 ■ pressure removed from the front

- For treatment removing pressure from the ball of the foot.
- Model S 213 is used in particular for the post treatment of hallux valgus operations.



Product no. S 214 ■ swing sole

- Plaster shoe and various kinds of pressure removing treatment
- Available with both fabric and leather upper.



Product no. S 215 ■ shortened front relief

- For treatment to relieve pressure from the first toe and the forefoot.
- The foot remains stable; no rolling movement.



Product no. S 216 ■ wedge sole with relief in the front

- For treatment to relieve pressure from the forefoot.
- The foot remains stable very well.
- Relieves pressure efficiently.



SIZES:

- *XS = 21.5 cm / 32
- S = 22.5 cm / 34
- M = 24.0 cm = 36
- L = 25.5 cm / 38½
- XL = 27.0 cm / 41
- XXL = 28.5 cm / 43
- XXXL = 30.5 cm / 46
- *XXXXL = 32 cm / 48
- * Not available for all models



Three Velcro straps



Open heel



Closed tip

Evenup ■ raised sole

An easy-to-use lift for all shoes if the patient has to wear e.g. a wound care shoe in one foot.

SIZES: S 37-39, M 40-43, L 44-48

Can be adjusted to two different heights.



HEALING SHOE = a factory-made shoe to be applied for temporary use immediately at the care unit, to immobilize the foot injury (fracture, wound, operation, etc.) and to alleviate it.

OPERATING INSTRUCTIONS:

Pirka healing shoe must be suitable for the purpose of use.
Please check that the care shoe is of the **RIGHT SIZE**.
An empty space of approx. 1-1.5 cm should remain in the tip of the care shoe.
NOTE! A healing shoe MUST ALWAYS BE WORN WITH AN INSOLE.
Luna or similar.



THE CORRECT USE OF A HEALING SHOE MUST BE TAUGHT, AND IT HAS TO BE MONITORED.

In a healing shoe, the weight is not distributed like in a normal shoe; only a partial weight is placed upon it.
In case of a shoe with a relief in the front (212/213), the centre of gravity is on the heel, the rolling is not carried out until the end.
In case of a shoe with a relief in the back (211), the centre of gravity is placed on the forefoot; it is possible to step rolling.
Healing shoes are worn preferably with elbow crutches, while they function best according to their purpose of use.
The outsole of a healing shoe is slippery on wet floor surfaces as well as in winter when moving outdoors.

FIXING OF THE VELCRO STRAPS OF A HEALING SHOE WITH THREE STRAPS



1. Opened on a foot 2. Fix it 3. Ready



Pirka relief shoe, Evenup raised sole and an additional relief with elbow crutches

MATERIALS: Upper breathing, dirt resistant and hard wearing cotton-polyester fabric.
Outsole polyurethane or rubber sponge. Insole Luna insole.

WASH:



Machine washable +40°C



Level drying in room temperature.



NO spin-drying. NO drying cupboard. NO tumble drier.



NO chlorine bleach.

The shoes are not allowed to be left wet in the machine or one on the other in a laundry basket. The Velcro straps must be closed during washing. If the HEEL COUNTER has lost its form during the wash, you may reshape it when warm. The shoes endure several washes when properly taken care of. Please check the condition of recycled care shoes regularly. There must be sufficient wearing surface in the outsole of the shoe, intact heel counter and holding Velcro straps. Please discard shoes that have lost their form and replace them with new ones.

Luna insoles: 3, 6, 8, 12 mm ■ Standard Luna insole 6 mm

- A Luna insole can be glued fully in (it won't come off e.g. during a wash) or as so-called sticker gluing on the sides, when the insole comes easily off, and it is easy to make customized reliefs into it.
- A Poron insole is recommended to be used over the Luna sole, as an additional relief.
- A care shoe suitable for both feet. Can be ordered also with Velcro straps for a left or a right shoe.
- When placing an order, please don't forget to mention the thickness of a Luna insole and the method of gluing: fixed or sticker gluing.



A series of images illustrating how to make a pressure relief into a Pirka healing shoe



1 Remove the insole from the shoe.



2 Mark the area e.g. with lipstick.



3 Mark/transfer the mark on the insole.



4 Prepare a hole.



5 Fill it lightly with cotton wool.



6 Cover it e.g. with a fabric plaster.



7 Insert the insole into the shoe.



8 Check that everything is OK.



9 Pirka healing shoe ready for use.

A healing shoe should be available for the patient at every care unit after a pressure wound has been diagnosed. The best possible treatment results can be obtained by means of orthodox care relieving pressure from the wound. A relieving orthotic helps to alleviate the pain in the sole of the foot or pressure directed to a skin damage.

The use of a healing shoe speeds up the possibilities of healing the wound. The treatment period can be reduced, and the patient will be available to move without being assisted.

Healing shoes also enable the achieving of financial savings.

SALE AND PRESENTATIONS:
JHA Trading
Mustionkatu 10
20750 Turku, Finland
Tel. +358 2251 6930

jha@jha.fi
www.jha.fi

MANUFACTURER:
Oriveden Pirka-Kenkä Ky
Eevantie 2A
35320 Hirsilä, FINLAND
Tel. (03) 334 1951
info@pirka-kenka.com
www.pirka-kenka.com